

# DISCUSSION GUIDE

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**FILLED WITH THE SPIRIT**

**EPHESIANS 5:15-21**

**River Ridge Core Value:  
WE NEVER STOP GROWING**

## **Getting Started:**

1. Share about a time that you ate so much you were more than filled.
2. Did any new questions pop up from last week's discussion about being led by the Holy Spirit?
3. What stood out to you most from this message? Were there any questions that you had after listening to Chad's message?

## **Digging Deeper:**

4. **Read Ephesians 5:15-21.** How would you characterize the Ephesians?
5. What is Paul warning the Ephesians about?
6. Paul makes several contrasting couplets in this passage, identify each of them together?
7. What did Paul mean by "act wise" in v.16?
8. Chad said, "don't waste your life chasing after counterfeit plans", what is a counterfeit plan?
9. Discuss v.18 a little more, what important truths do you understand from this verse?
10. Chad rephrased v.18, to "Being filled is not getting more of the Spirit, it's surrendering more of me." How does that help you understand it more?

## **Next Steps:**

11. Chad gave 4 action steps (v.20-21) this week for believers to be filled with the Spirit, what step have you taken this week to grow in this area of your life? What is the next step for you?

## **Prayer:**

Ask God to help us be filled with the Spirit this week. To recognize that as believers we have action steps we can take in order to surrender more of our lives over to the work of the Holy Spirit.