

DISCUSSION GUIDE

WHAT'S UP? – ME AND MY SPOUSE

Key Scriptures:

Genesis 2:18-25, 1 Corinthians 7:28, Romans 12:9-10, Mark 10:6-9, Ephesians 5:25-33

River Ridge Core Value:

LIVING GOD'S WAY IS BEST and WE NEVER STOP GROWING

Getting Started:

1. Who do you know personally that has been married for 40-50 years? What do you think their secret is?
2. What is your favorite memory of your marriage?

Digging Deeper:

3. What stood out to you most from this message? Were there any questions that you had after listening to Andy's message?
4. **Read Genesis 2:18-24 and Mark 10:6-9.**
5. What points are Jesus making about marriage and the connection of men and women?
6. Andy identified 3 goals of marriage: Leave, Hold Fast, Become One Flesh. Talk through each of them a little bit. Why are each of them important?
7. In explaining Hold Fast, Andy challenged us to ask ourselves: How are we doing with making each other the top priority? And also gave us this definition of love: To love in marriage is to will the good in your mate...that requires sacrificing selfish desires and thinking of them first. How do you respond to those 2 things?
8. Recap the 4 seasons of marriage together.

Looking Inward:

9. What season are you/spouse in currently? Why? How does identifying our season help us?
10. What are we actively doing to have a better marriage? What can we do?

Next Steps:

11. Set a date on the calendar for 30 mins with your spouse and take an inventory of your marriage, identify your tensions. Help Marriage Assessment tool can be found @ riverridge.tv/marriageassessment.