

DISCUSSION GUIDE

7 QUESTIONS: WHY ARE YOU SO AFRAID?

Icebreaker:

1. What is the most memorable natural disaster in your life? Why?

Passage:

Mark 4:35-41

Context:

This series is called "7 Questions". There are questions that go way deeper and can completely change the direction of your life. Sometimes the best way to find what you're looking for doesn't come from you asking a good question, it's actually being on the other side of one and having an answer for someone else. Especially, if that question comes from Jesus.

Discussion Questions:

2. What stood out to you most from this message? Looking back at your notes from last Sunday's sermon, was there anything you heard for the first time or that caught your attention, challenged, or confused you?
3. Reflect on your life a moment. How do you typically handle personal storms?
4. Are you or someone you know going through a storm right now? What fears are surfacing as a result?
5. Share about a storm that you've endured. How did you see Jesus' presence in the midst of that storm?
6. Read Mark 4:35-41.
7. What was Jesus teaching them about himself?
8. What was Jesus' tone when he asked, "Do you still have no faith?"
9. "Quiet! Be Still!" If Jesus would speak these words to you today, what would they mean?
10. How do you react to Jesus when he seems to be asleep in your life?
11. What purposes do you think God might be trying to accomplish from the storms in your life right now?

Next Step:

12. In what we talked about, what response do we have for God that will play itself out this week?

Prayer:

Take some to pray for any storms in the life of your group members.