



DISCUSSION GUIDE

IN THE MIDDLE – BUSYNESS - PSALM 127

The book of Psalms is made up of 150 lyrical poems which have served as the songs and prayers of God's people for centuries. Written over a period of eight hundred years by several authors, the Psalms teach us about life, worship, and God's relationship with us.

BELONG:

Take a few minutes to hear about your group members' weeks.

15. What is your favorite part of Thanksgiving? Why?
16. Ask about highs and lows since you last met.
17. What are some thoughts you have from the message?

BELIEVE:

18. **Read Psalm 127:1-2**
19. What work does Solomon renounce? (v1)
20. How do those who rely on their own efforts see their work? (v2)
21. **Read Psalm 127:3-5**
22. Is the first section of verses tied to the second?
23. What is said about large families?
24. What happens "in the gate"? (v5)
25. Is God building your business? Family? Support system? Or are you?
26. Does society help or hurt family unity?

BECOME:

27. What are practices or family rules that you have put in place or wish to put in place to protect your family unity? How have they worked? Were you able to stick with them? Why or why not?
28. What practice can you do from now to the end of the year to increase family unity in your home?

LISTEN:

Play the song (*Run to the Father – Cody Carnes*) while meditating on the words. Then share some thoughts with the group.

PRAY:

Pray against the busyness in your group right now. Pray for the goals of maintaining family unity and the pursuit of God's will for your and your family's lives.