

## DISCUSSION GUIDE

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### DO WHAT MAKES YOU HAPPY

**Introduction:**

People have a lot to say, these days. On social media and among friends and family, we share opinions and advice freely. But sometimes Christians toss around statements that aren't exactly helpful or even biblically true.

This series cuts through the noise of the perceptions of Jesus and what it means to follow Him, in ways that may be surprising to some people.

**Follow Up:**

1. How did judgment look different for you this past week?

**Getting Started:**

2. What are some things that just plain make you happy?
3. What stood out to you most from Andy's message?
4. What does culture say you need to make you happy?
5. How much of your day do you spend seeking out things that make you happy?

**Read and discuss (as many as you have time): Proverbs 14:2, 1 Corinthians 1:18-25, John 8:3-11, Psalm 37:1-7, James 1:1-3**

**Key Questions:**

6. If God doesn't just want you happy, what does he want?
7. Share a time when you did something wrong or unwise in pursuit of happiness. Are you currently being tempted to do something unwise or wrong to make yourself happy?
8. What are some mini-gods in your life? (stuff, perfection, having your way, control, feeling good)
9. What is the scariest part about the replacing the pursuit of happiness with the pursuit of God?
10. Share out loud some of the things you think you should value higher than happiness.

**Next Steps:**

11. Choose 1-2 things that you've been putting in front of God and skip them this week. Replace them with time with God.

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